

Health Care Assistant

Description

We are seeking a compassionate and dedicated **Carer (Health Care Assistant)** to provide personal care and support to individuals with physical, emotional, or cognitive impairments in their homes or care settings. The ideal candidate will help clients maintain their independence and dignity by offering assistance with daily living tasks, personal care, and companionship.

Responsibilities

- **Personal Care:** Assist clients with personal hygiene, bathing, dressing, toileting, grooming, and oral care in a respectful and dignified manner.
- **Mobility Support:** Help clients with ambulation, mobility exercises, and transfers using appropriate aids (e.g. wheelchair, walker, hoist).
- **Medication Support:** Dispense and administer prescribed medications in accordance with care plans and company policy.
- **Meal Preparation:** Prepare and serve nutritious meals, ensuring dietary requirements and preferences are met.
- **Household Assistance:** Perform light household chores such as laundry, changing bed linen, washing dishes, and maintaining a clean and safe environment.
- **Transportation:** Arrange or provide transportation to appointments, shops, or community activities as required.
- **Companionship:** Provide emotional support, engage clients in conversation, hobbies, and recreational activities to promote mental and emotional well-being.
- **Communication:** Liaise with family members, healthcare professionals, and supervisors to discuss client needs, progress, and any concerns.
- **Record Keeping:** Maintain accurate and up-to-date care notes, medication records, and incident reports in accordance with company policy.
- **Health Monitoring:** Observe and report changes in the client's condition, mood, or behaviour promptly to the appropriate healthcare personnel.

Qualifications

- Previous experience as a Carer, Health Care Assistant, or Support Worker (preferred but not essential; full training can be provided).
- NVQ Level 2 or 3 in Health and Social Care (desirable but not essential).
- Basic understanding of health, safety, and infection control.
- Excellent communication and interpersonal skills.
- Ability to work independently and as part of a team.
- Compassionate, patient, and reliable attitude.

Additional Information

- **Working Hours:** Part Time (18 hrs) to Full Time (40 hrs) per week, shift-based including weekends and evenings.
- **Training:** Comprehensive induction and ongoing professional development provided.
- **Right to Work:** Applicants requiring work authorisation are welcome to

Hiring organization

NDH Care Ltd

Employment Type

Full-time, Part-time

Beginning of employment

Immediate

Duration of employment

Long Term

Industry

Health Care

Job Location

Leicester

Working Hours

18 hrs to 40 hrs / week

Base Salary

£ Competitive

Date posted

October 11, 2021

Valid through

28.02.2027

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apply. Visa sponsorship is available for eligible candidates.

- **Driving Licence:** A valid UK or international driving licence and access to a vehicle (preferred but not essential, depending on client needs).

Job Benefits

- **Local Work:** We aim to assign you clients close to your home to reduce travel time and improve work-life balance.
- **Free Uniform and PPE:** Provided at no cost to ensure you're fully equipped and comfortable at work.
- **Mileage Allowance:** Paid mileage for travel between clients' homes.
- **Workplace Pension Scheme:** Access to a pension plan with employer contributions to help you save for the future.
- **Mental Health and Wellbeing Support:** Access to confidential wellbeing programs and mental health support services.
- **Statutory Sick Pay (SSP):** Provided in line with UK employment regulations.
- **Paid Annual Leave:** Generous annual leave entitlement.
- **Full Induction and Ongoing Training:** Comprehensive induction programme plus opportunities for professional development and NVQ qualifications in Health & Social Care.
- **Career Progression:** Clear pathways for advancement into senior care, team leader, or management roles.
- **Flexible Working Hours:** Options for full-time, part-time, and shift-based roles to fit your lifestyle.
- **Supportive Team Culture:** Join a caring, professional, and inclusive team that values your contribution.
- **Recognition & Awards:** Regular employee appreciation schemes to celebrate outstanding service.